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Contact: Brendan Maiorana
Vice President, Finance and Investor Relations
919-431-1529

Highwoods to Release 2017 Fourth Quarter Results Tuesday, February 6th

Conference Call Wednesday, February 7th, at 11:00 A.M.

RALEIGH, NC – January 10, 2018 – Highwoods Properties, Inc. (NYSE:HIW) will release its 2017 fourth quarter results on Tuesday, February 6th, after the market closes.

A conference call will be held the next day, Wednesday, February 7th, at 11:00 A.M. Eastern time.

For US/Canada callers, dial (800) 756-3565. A live, listen-only webcast can be accessed through the Company's website at www.highwoods.com under the "Investor Relations" section. A replay of the call will also be available on the Company's website.

About Highwoods

Highwoods Properties, Inc., headquartered in Raleigh, is a publicly-traded (NYSE:HIW) real estate investment trust ("REIT") and a member of the S&P MidCap 400 Index. The Company is a fully-integrated office REIT that owns, develops, acquires, leases and manages properties primarily in the best business districts (BBDs) of Atlanta, Greensboro, Memphis, Nashville, Orlando, Pittsburgh, Raleigh, Richmond and Tampa. For more information about Highwoods, please visit our website at www.highwoods.com.

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