

FOR IMMEDIATE RELEASE

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Highwoods to Present at Nareit's REITweek: 2018 Investor Conference

Live Webcast on Tuesday, June 5, at 3:00 PM ET

RALEIGH, NC – June 4, 2018 – Highwoods Properties, Inc. (NYSE:HIW) announces Ed Fritsch, President and Chief Executive Officer, will participate in a Company roundtable presentation at the Nareit's REITweek: 2018 Investor Conference. The presentation will take place on Tuesday, June 5, 2018, at 3:00 p.m. ET, and will last approximately 30 minutes.

The following is a link to the webcast presentation on the Company's website, a replay of which will be available an hour after the presentation ends.

[REITweek: 2018 Investor Conference - Webcast](#)

About Highwoods

Highwoods Properties, Inc., headquartered in Raleigh, is a publicly-traded (NYSE:HIW) real estate investment trust ("REIT") and a member of the S&P MidCap 400 Index. The Company is a fully integrated office REIT that owns, develops, acquires, leases and manages properties primarily in the best business districts (BBDs) of Atlanta, Greensboro, Memphis, Nashville, Orlando, Pittsburgh, Raleigh, Richmond and Tampa. For more information about Highwoods, please visit our website at www.highwoods.com.

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