

**FOR IMMEDIATE RELEASE**

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## **Highwoods to Release 2019 Third Quarter Results Tuesday, October 22<sup>nd</sup>**

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### **Conference Call Wednesday, October 23<sup>rd</sup>, at 11:00 A.M.**

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**RALEIGH, NC – September 24, 2019 – Highwoods Properties, Inc. (NYSE:HIW)** will release its 2019 third quarter results on Tuesday, October 22<sup>nd</sup>, after the market closes.

A conference call will be held the next day, Wednesday, October 23<sup>rd</sup>, at 11:00 A.M. Eastern time.

For US/Canada callers, dial (800) 756-3565. A live, listen-only webcast can be accessed through the Company's website at [www.highwoods.com](http://www.highwoods.com) under the "Investors" section. A replay of the call will also be available on the Company's website.

#### **About Highwoods**

Highwoods Properties, Inc., headquartered in Raleigh, is a publicly-traded (NYSE:HIW) real estate investment trust ("REIT") and a member of the S&P MidCap 400 Index. Highwoods is a fully-integrated office REIT that owns, develops, acquires, leases and manages properties primarily in the best business districts (BBDs) of Atlanta, Greensboro, Memphis, Nashville, Orlando, Pittsburgh, Raleigh, Richmond and Tampa. For more information about Highwoods, please visit our website at [www.highwoods.com](http://www.highwoods.com).

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