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Highwoods to Release 2017 First Quarter Results Tuesday, April 25th

Conference Call Wednesday, April 26th, at 11:00 A.M.

RALEIGH, NC – April 7, 2017 – Highwoods Properties, Inc. (NYSE:HIW) will release its 2017 first quarter results on Tuesday, April 25th, after the market closes.

A conference call will be held the next day, Wednesday, April 26th, at 11:00 A.M. Eastern time.

For US/Canada callers, dial (800) 756-3565. A live, listen-only webcast can be accessed through the Company's website at www.highwoods.com under the "Investor Relations" section. A replay of the call will also be available on the Company's website.

About Highwoods

Highwoods Properties, Inc., headquartered in Raleigh, is a publicly-traded (NYSE:HIW) real estate investment trust ("REIT") and a member of the S&P MidCap 400 Index. The Company is a fully-integrated office REIT that owns, develops, acquires, leases and manages properties primarily in the best business districts (BBDs) of Atlanta, Greensboro, Memphis, Nashville, Orlando, Pittsburgh, Raleigh, Richmond and Tampa. For more information about Highwoods, please visit our website at www.highwoods.com.

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