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Ref: 17-01

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Highwoods to Release 2016 Fourth Quarter Results Tuesday, February 7th

Conference Call Wednesday, February 8th, at 11:00 A.M.

RALEIGH, NC – January 17, 2017 – Highwoods Properties, Inc. (NYSE:HIW) will release its 2016 fourth quarter results on Tuesday, February 7th, after the market closes.

A conference call will be held the next day, Wednesday, February 8th, at 11:00 A.M. Eastern time.

For US/Canada callers, dial (800) 756-3565. A live, listen-only webcast can be accessed through the Company's website at www.highwoods.com under the "Investor Relations" section. A replay of the call will also be available on the Company's website.

About Highwoods

Highwoods Properties, Inc., headquartered in Raleigh, is a publicly-traded (NYSE:HIW) real estate investment trust ("REIT") and a member of the S&P MidCap 400 Index. The Company is a fully-integrated office REIT that owns, develops, acquires, leases and manages properties primarily in the best business districts (BBDs) of Atlanta, Greensboro, Memphis, Nashville, Orlando, Pittsburgh, Raleigh, Richmond and Tampa. For more information about Highwoods, please visit our website at www.highwoods.com.

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