

FOR IMMEDIATE RELEASE

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**Highwoods Properties to Present at
Bank of America Merrill Lynch
2015 Global Real Estate Conference**

Live Web-Cast on Thursday, September 17, at 2:45 PM ET

RALEIGH, NC – September 14, 2015 Highwoods Properties, Inc. (NYSE: HIW) Ed Fritsch, President and Chief Executive Officer, will participate in a Company roundtable presentation at the Bank of America Merrill Lynch 2015 Global Real Estate Conference. The presentation will take place on Thursday, September 17, at 2:45 p.m. Eastern time and will last approximately 35 minutes.

The presentation will be web-cast and will be available through the Company's Investor Relations section of its corporate website at www.highwoods.com. A link for the web-cast will be provided on the "Corporate Profile" page of this section. A replay of the web-cast will be available an hour after the presentation ends.

About Highwoods Properties

Highwoods Properties, headquartered in Raleigh, North Carolina, is a publicly traded (NYSE:HIW) real estate investment trust ("REIT") and a member of the S&P MidCap 400 Index. The Company is a fully-integrated office REIT that owns, develops, acquires, leases and manages properties primarily in the best business districts (BBDs) of Atlanta, Greensboro, Kansas City, Memphis, Nashville, Orlando, Pittsburgh, Raleigh, Richmond and Tampa. For more information about Highwoods Properties, please visit our website at www.highwoods.com.

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