



FOR IMMEDIATE RELEASE

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Highwoods Properties 2014 Annual Meeting of Stockholders to be Held May 30

Raleigh, NC – April 17, 2014 – Highwoods Properties, Inc. (NYSE: HIW) today announced that its 2014 annual meeting of stockholders will be held on Friday, May 30, 2014 at 11:00 a.m. Eastern time, in Suite 201 of the Company's Smoketree Tower building, which is located at 3100 Smoketree Court in Raleigh, NC. Stockholders of record at the close of business on March 3, 2014 will be entitled to vote at the meeting and any adjournments or postponements.

The Company also announced that Thomas W. Adler (73) will be retiring from the Board upon expiration of his term on the annual stockholder meeting date. Mr. Adler has been a director of Highwoods since June 1994.

"On behalf of our entire board and the Company's senior leadership team, we thank Tom for his outstanding service," said O. Temple Sloan, Jr., Chairman of the Board. "His strong real estate experience has been a valuable resource as the Company has grown and transformed from its modest IPO beginnings. We are grateful for his years of support, counsel and collegiality, and I know the board and all of Highwoods joins me in wishing him the very best."

Charles A. Anderson (53) co-founder of Bandera Ventures and a former long-term senior executive director of Trammell Crow Company, has been nominated for election as a director at the annual meeting.

"We are very pleased to nominate Chuck Anderson for election to our Board at this year's Annual Stockholders' Meeting," said Mr. Sloan. "Chuck brings with him tremendous direct real estate knowledge and strong expertise in acquiring, developing and operating real estate assets. His experience and contacts in the real estate industry should serve Highwoods well and our Board and the senior leadership team are looking forward to working with him."

Mr. Anderson co-founded Bandera Ventures, a private real estate development and investment firm, in 2003. Previously, Mr. Anderson was with the Trammell Crow Company for 16 years where he last served as senior executive director, responsible for the development and investment group for the western United States. He also served on both the executive and operating committees at Trammell Crow. Mr. Anderson serves on the Board of Directors of a number of private organizations including Triumph Savings Bank and The Cooper Institute. He earned his BBA and MBA from Southern Methodist University where he graduated summa cum laude.

About Highwoods Properties

Highwoods Properties, headquartered in Raleigh, North Carolina, is a publicly traded (NYSE:HIW) real estate investment trust (“REIT”) and a member of the S&P MidCap 400 Index. The Company is a fully-integrated REIT that provides leasing, management, development, construction and other customer-related services for its properties and for third parties. At December 31, 2013, Highwoods owned or had an interest in 32.2 million rentable square feet of in-service office, industrial and retail properties, 0.9 million rentable square feet of office properties under development and approximately 600 acres of development land. The Company’s properties and development land are located in Florida, Georgia, Missouri, North Carolina, Pennsylvania, South Carolina, Tennessee and Virginia. For more information about Highwoods Properties, please visit our website at www.highwoods.com.

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