

FOR IMMEDIATE RELEASE

Ref: 14-01

Contact: Tabitha Zane
Vice President, Investor Relations
919-431-1529

**Highwoods Properties to Release 2013 Fourth Quarter Results
Monday, February 10**

**Conference Call
Tuesday, February 11, at 11:00 a.m.**

Raleigh, NC – January 10, 2014 – Highwoods Properties, Inc. (NYSE: HIW) will release its 2013 fourth quarter results on Monday, February 10, after the market closes.

A conference call will be held the next day, Tuesday, February 11, at 11:00 a.m. Eastern time.

For US/Canada callers, dial (800) 756-3565. A live, listen-only Web cast can be accessed through the Company's Web site at www.highwoods.com under the "Investor Relations" section.

A replay of the call will be available on the Investor Relations section of Highwoods Web site at www.highwoods.com.

About Highwoods Properties

Highwoods Properties, headquartered in Raleigh, North Carolina, is a publicly traded (NYSE:HIW) real estate investment trust ("REIT") and a member of the S&P MidCap 400 Index. The Company is a fully-integrated REIT that provides leasing, management, development, construction and other customer-related services for its properties and for third parties. At September 30, 2013, Highwoods owned or had an interest in 305 in-service office, industrial and retail properties encompassing approximately 33.1 million square feet and owned 589 acres of development land. The Company's properties and development land are located in Florida, Georgia, Missouri, North Carolina, Pennsylvania, South Carolina, Tennessee and Virginia. For more information about Highwoods Properties, please visit our website at www.highwoods.com.

###