



FOR IMMEDIATE RELEASE

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HIGHWOODS PROPERTIES TO PRESENT AT REITWEEK: NAREIT'S INVESTOR FORUM

Live Web-Cast on Thursday, June 5, at 8:00 AM ET

RALEIGH, NC – June 2, 2014 Highwoods Properties, Inc. (NYSE: HIW) Ed Fritsch, President and Chief Executive Officer, will participate in a Company roundtable presentation at REITWEEK: NAREIT's Investor Forum. The presentation will take place on Thursday, June 5, at 8:00 a.m. Eastern time and will last approximately 30 minutes.

The presentation will be web-cast and will be available through the Company's Investor Relations section of its corporate website at www.highwoods.com. A link for the web-cast will be provided on the "Corporate Profile" page of this section. A replay of the web-cast will be available.

About Highwoods Properties

Highwoods Properties, headquartered in Raleigh, North Carolina, is a publicly traded (NYSE:HIW) real estate investment trust ("REIT") and a member of the S&P MidCap 400 Index. The Company is a fully-integrated REIT that owns, develops, acquires, leases and manages properties primarily in the best business districts (BBDs) of Atlanta, Kansas City, Memphis, Nashville, Orlando, Pittsburgh, Raleigh, Richmond, Tampa and the Triad. For more information about Highwoods Properties, please visit our website at www.highwoods.com.

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