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HIGHWOODS PROPERTIES TO PRESENT AT CITI 2014 GLOBAL PROPERTY CEO CONFERENCE

Tuesday, March 4 at 8:10 AM

Raleigh, NC – February 28, 2014 - Highwoods Properties, Inc. (NYSE:HIW) today announced that Ed Fritsch, President and Chief Executive Officer, and Terry Stevens, Chief Financial Officer, will participate in a company roundtable discussion at the CITI 2014 Global Property CEO Conference. Highwoods presentation is scheduled for Tuesday, March 4, 2014 at 8:10 a.m. Eastern time and will be approximately 35 minutes in length.

The roundtable discussion can accessed through the link below or on the Company's website at www.highwoods.com under the "Investor Relations" section.

<http://www.veracast.com/webcasts/citigroup/globalproperty2014/23202466057.cfm>

A webcast replay will be available one hour after conclusion of the live event through June 3, 2014.

ABOUT HIGHWOODS PROPERTIES

Highwoods Properties, headquartered in Raleigh, North Carolina, is a publicly traded (NYSE:HIW) real estate investment trust ("REIT") and a member of the S&P MidCap 400 Index. The Company is a fully-integrated REIT that provides leasing, management, development, construction and other customer-related services for its properties and for third parties. At December 31, 2013, Highwoods owned or had an interest in 32.2 million rentable square feet of in-service office, industrial and retail properties, 0.9 million rentable square feet of office properties under development and approximately 600 acres of development land. The Company's properties and development land are located in Florida, Georgia, Missouri, North Carolina, Pennsylvania, South Carolina, Tennessee and Virginia. For more information about Highwoods Properties, please visit our website at www.highwoods.com.

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