

FOR IMMEDIATE RELEASE

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Highwoods Posts Tax Treatment of 2015 Dividends

Raleigh, NC – January 15, 2016 – Highwoods Properties, Inc. (NYSE: HIW) has posted the tax treatment of its 2015 common and preferred dividends. Please visit Highwoods investor relations web site to view this document or click on the following link:

<http://assets.highwoods.com/content/news-posts/1452805764.2015-ye-dividend-classification.pdf>

About Highwoods Properties

Highwoods Properties, headquartered in Raleigh, North Carolina, is a publicly-traded (NYSE:HIW) real estate investment trust (“REIT”) and a member of the S&P MidCap 400 Index. The Company is a fully-integrated office REIT that owns, develops, acquires, leases and manages properties primarily in the best business districts (BBDs) of Atlanta, Greensboro, Kansas City, Memphis, Nashville, Orlando, Pittsburgh, Raleigh, Richmond, and Tampa. For more information about Highwoods Properties, please visit our website at www.highwoods.com.

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