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**Highwoods Properties to Release 2014 Third Quarter Results
Tuesday, October 28**

**Conference Call
Wednesday, October 29, at 11:00 a.m.**

Raleigh, NC – October 1, 2014 – Highwoods Properties, Inc. (NYSE:HIW) will release its 2014 third quarter results on Tuesday, October 28, after the market closes.

A conference call will be held the next day, Wednesday, October 29, at 11:00 a.m. Eastern time.

For US/Canada callers, dial (800) 756-3565. A live, listen-only Web cast can be accessed through the Company's Web site at www.highwoods.com under the "Investor Relations" section.

A replay of the call will be available on the Investor Relations section of Highwoods Web site at www.highwoods.com.

About Highwoods Properties

Highwoods Properties, headquartered in Raleigh, North Carolina, is a publicly traded (NYSE:HIW) real estate investment trust ("REIT") and a member of the S&P MidCap 400 Index. The Company is a fully-integrated office REIT that owns, develops, acquires, leases and manages properties primarily in the best business districts (BBDs) of Atlanta, Kansas City, Memphis, Nashville, Orlando, Pittsburgh, Raleigh, Richmond, Tampa and the Triad. For more information about Highwoods Properties, please visit our website at www.highwoods.com.

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