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Ref: 14-08

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**Highwoods Properties to Release 2014 First Quarter Results
Tuesday, April 29**

**Conference Call
Wednesday, April 30, at 11:00 a.m.**

Raleigh, NC – March 17, 2014 – Highwoods Properties, Inc. (NYSE:HIW) will release its 2014 first quarter results on Tuesday, April 29, after the market closes.

A conference call will be held the next day, Wednesday, April 30, at 11:00 a.m. Eastern time.

For US/Canada callers, dial (800) 756-3565. A live, listen-only Web cast can be accessed through the Company's Web site at www.highwoods.com under the "Investor Relations" section.

A replay of the call will be available on the Investor Relations section of Highwoods Web site at www.highwoods.com.

About Highwoods Properties

Highwoods Properties, headquartered in Raleigh, North Carolina, is a publicly traded (NYSE:HIW) real estate investment trust ("REIT") and a member of the S&P MidCap 400 Index. The Company is a fully-integrated REIT that provides leasing, management, development, construction and other customer-related services for its properties and for third parties. At December 31, 2013, Highwoods owned or had an interest in 32.2 million rentable square feet of in-service office, industrial and retail properties, 0.9 million rentable square feet of office properties under development and approximately 600 acres of development land. The Company's properties and development land are located in Florida, Georgia, Missouri, North Carolina, Pennsylvania, South Carolina, Tennessee and Virginia. For more information about Highwoods Properties, please visit our website at www.highwoods.com.

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